



2# Food Service

5 x 2#

Bag Size 32 oz.
Case Weight 10#
Ti x Hi 10 x 8
Pallet Quantity 80

2 x 2#

Bag Size 32 oz.
Case Weight 4#
Ti x Hi 30 x 10
Pallet Quantity 300

Haricot Vert

Trimmed French Beans

8-82234-23210-1



Serving Size
1/2 cup
Calories 31
Sodium 6mg
Total Carb 3g
Protein 2g
Beans per bag
350 – 400
Plate servings
per 10# carton
Approx. 80 – 95

Baby Gold Patisson

Yellow Summer Squash

8-82234-13230-2



Serving Size
1/2 cup
Calories 20
Sodium 0mg
Total Carb 4g
Protein 1g
Squash per bag
60 – 70
Plate servings
per 10# carton
Approx. 50

Stringless Sugar Snaps

Trimmed Sugar Snap Peas

8-82234-23240-8



Serving Size
1/2 cup
Calories 21
Sodium 2mg
Total Carb 4g
Protein 1.4g
Sugar Snap
Peas per bag
325 – 350
Plate servings
per 10# carton
Approx. 56

Patate Douce

Cubed Sweet Potatoes

8-82234-83220-2



Serving Size
2/3 cup
Calories 120
Sodium 9mg
Total Carb 28g
Protein 2g
Plate servings
per 10# carton
Approx. 60 – 70
* Shelf Life:
12 Days

- Year-around availability
- Washed and Ready to Use
- Proprietary bag technology which allows for cooking directly in the bag: can be microwaved, steamed or boiled
- No additives or preservatives added
- 14-day shelf life (unless noted)
- 100% usable product

Brussel Sprouts

Choux de Bruxelles

8-82234-53210-2



Serving Size
1 cup
Calories 43
Sodium 25mg
Total Carb 9g
Protein 3g
Plate servings
per 10# carton
Approx. 60 – 70

Mélange de Patisson

Mixed Summer Squash

8-82234-13240-1



Serving Size
1/2 cup
Calories 20
Sodium 0mg
Total Carb 4g
Protein 1g
Squash per bag
60 – 70
Plate servings
per 10# carton
Approx. 50

Haricot Beurre

Trimmed Yellow Wax Beans

8-82234-23220-0



Serving Size
1 cup
Calories 30
Sodium 6mg
Total Carb 7g
Protein 2g
Beans per bag
350 – 400
Plate servings
per 10# carton
Approx. 80 – 95

Baby Green Patisson
Green Summer Squash
 8-82234-13210-4



Serving Size
1/2 cup
 Calories 20
 Sodium 0mg
 Total Carb 4g
 Protein 1g
 Squash per bag
60 – 70
 Plate servings
per 10# carton
Approx. 50

Mélange de Haricots
Trimmed Mixed Beans
 8-82234-63220-8



Serving Size
1 cup
 Calories 30
 Sodium 6mg
 Total Carb 7g
 Protein 2g
 Beans per bag
350 – 400
 Plate servings
per 10# carton
Approx. 80 – 95

Petite Carotte
Hand-Peeled Baby Carrots
 8-82234-33210-8



Serving Size
1 cup
 Calories 45
 Sodium 35mg
 Total Carb 10g
 Protein 1g
 Carrots per bag
60 – 70
 Plate servings
per 10# carton
Approx. 50

Course Butternut
Cubed Butternut Squash
 8-82234-83210-3



Serving Size
2/3 cup
 Calories 45
 Sodium 4mg
 Total Carb 12g
 Protein 1g
 Plate servings
per 10# carton
Approx. 60 – 70
 * Shelf Life:
12 Days

Mange Tout
Trimmed Snow Peas
 8-82234-23250-7



Serving Size
1/2 cup
 Calories 35
 Sodium 3mg
 Total Carb 6g
 Protein 2g
 Snow Peas
per bag
325 – 350
 Plate servings
per 10# carton
Approx. 60 – 70

**Also Available
 from A.M.S. Exotic**

- 8 oz. / 32 oz. Earth Exotics™ Premium Vegetables
- 8 oz. Earth Exotics™ Premium Mixed Vegetables
- 16 oz. Earth Exotics™ Premium Clamshell Vegetables
- Earth Exotics™ High Quality French Shallots

Baby Courgette
Zucchini Squash
 8-82234-13220-3



Serving Size
1/2 cup
 Calories 20
 Sodium 0mg
 Total Carb 4g
 Protein 1g
 Zucchini
per bag
35 – 45
 Plate servings
per 10# carton
Approx. 46

- Packaged under full HACCP program
- Adheres to GMP's and GAP programs
- Recipient of superior ratings from Scientific Certification Services
- Primus Labs certified
- Packaging eliminates dehydration when properly stored
- Hand-packed for superior quality
- Available in 5x2# or 2x2# cartons

2# Food Service



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FOR INFORMATION

Visit www.ams-exotic.com for more information on Earth Exotics™ products, recipes, merchandising solutions and company information.